



Obstructive Sleep Apnea: *From Theory into Practice*



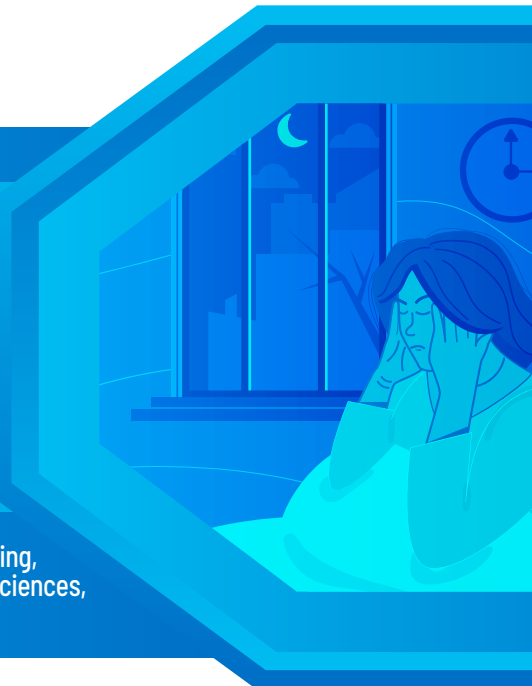
26TH OCT
2025 Sunday



09:00 am -
01:45 pm



S. P. Jain Auditorium, 4th Floor, New Wing,
Bombay Hospital Institute of Medical Sciences,
Marine Lines, Mumbai 400020



AGENDA

TIME	TOPIC	SPEAKER
09.00 am - 09.10 am	Why Sleep Medicine is Important for General Physicians	Dr Aditya Agrawal / Dr Pratibha Singhal
09.10 am - 09.25 am	Types of Sleep Studies that a General Physician can Order	Dr Shivani Swami
09.25 am - 09.40 am	Discussion (15 minutes)	
09.40 am - 09.55 am	PAP Therapies (CPAP, APAP, Bi-PAP) - When and for What	Dr Saurabh Mittal
09.55 am - 10.10 am	Discussion (15 minutes)	
10.10 am - 10.30 am	TEA BREAK	
10.30 am - 10.45 am	Non-PAP Therapies for OSA	Dr Shivani Swami
10.45 am - 11.00 am	Discussion (15 minutes)	Discussants - Dr Shivani Swami, Dr Kunal Banavalli
11.00 am - 11.15 am	Examining the Upper Airway and When to refer to a Sleep Specialist	Dr Saurabh Mittal
11.15 am - 11.30 am	Discussion (15 minutes)	
11.30 am - 11.45 am	Insomnia Management for the Physician	Dr Prakhar Jain
11.45 am - 12.00 noon	Discussion (15 minutes)	
12.00 noon - 12.15 pm	TEA BREAK 2	
12.15 pm - 01.45 pm	Challenging Conversations in Sleep	Dr Leena Gangolli / Dr Rajam Iyer Discussants - Dr Shivani Swami, Dr Saurabh Mittal, Dr Prakhar Jain, Dr Kapil Salgia
01.45 pm	LUNCH	



REGISTRATION FEE
(* Inclusive of GST)

500* INR

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BREATH FIRST FOUNDATION

Kotak Mahindra Bank | Account No.: 2208200300 | IFSC: KKBK0001350

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